

An Autumn Ride

Gianfranco Vidali

On a beautiful, warm and pleasantly breezy day of late October, eleven riders set aside the chores they promised their spouses and families to do and decided, instead, to go on a wine tasting tour in the heart of the Finger Lakes. Departure was from a small village on the ridge between Cayuga and Seneca lakes, Ovid. This hamlet takes its name from Ovidius (Ovid), poet in the Rome of the first years AD, who is most famous for his "Metamorphoses" and "Ars Amatoria" (the Art of Love), the latter a book about love, seduction and adultery. Unfortunately for Ovid, Octavian, the adopted son of Ceasar, had taken over the reins of Rome to become Emperor under the name of Augustus. After conducting a rather loose life (having, among other things, an affair with and then marrying a woman of high society who

(continued on page 3)

Annual Banquet Announced

Mark your calendars! The annual OCC Banquet is scheduled for Saturday, January 30, 1999, and will be hosted at the Glen Loch restaurant in Jamesville, NY. A buffet dinner will be served. Vegetarian plates may be requested in advance. Cost is \$25 per person. Reservations including name, number of attendees, and a check for \$25 per person may be mailed to the OCC P.O. Box address. The dinner will include awards presentations, short programs, an auction, door prizes, the board meeting, and the introduction of next year's board members.

COOL ACCESSORIES

- | | | |
|----------------------------|---------------------------|-------------------------|
| * Cold weather gear | * Snowshoes | * Gaiters |
| * Oakley goggles & glasses | * Dermatone | * Adventure trips |
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The Spoke 'n Word Newsletter

The Spoke 'n Word is distributed to households of OCC club members free of charge. This newsletter is an open forum for club announcements, activities, and for articles by club members. Members are invited to submit items for publication to the club address or editor address before the deadline dates below. Electronic format is preferred. Photos submitted will be made available for pick-up or returned via SASE. Club members may submit cycling-related classified ads free of charge.

Tim Bingham
 126 Jamesville Ave Apt E4
 Syracuse, NY 13210
 315.478.7750
 binghamt@hscsy.edu

Advertise in the Spoke 'n Word

OCC invites individuals and businesses to advertise in The Spoke 'n Word. We offer competitive rates for ad sizes from business card to full page. Discounts are available for larger ads and for half-year (6 issues) and full-year (12 issues) runs. Please contact the editor for information.

Spoke 'n Word Submission Deadlines

January Issue, arriving in late December - Friday, Dec 11
 March Issue, arriving in late February - Friday, February 5
 April Issue, arriving in late March - Friday, March 5

OCC on the Internet

Our home page is www.cny.com/OCC/. The OCC email discussion list address is occ@list.hscsy.edu. To subscribe to the list, send email to majordomo@list.hscsy.edu with the line **subscribe occ John Doe** in the body of the email message.

To Become an OCC Member

Fill out this application form and send it to the OCC with the appropriate fee. Make checks payable to: Onondaga Cycling Club, Inc.

Name: _____ ☐ Single \$20.00
 BirthDate: ____/____/____ ☐ Family \$30.00
 Phone: _____ ☐ Youth \$5.00
 Address: _____ ☐ Contributing \$10.00
 _____ Apt _____
 City: _____ State _____ Zip _____
 Email: _____
 Occupation: _____
 Bus Phone (opt): _____
 Other Family Members:
 Name: _____ DOB: _____
 Name: _____ DOB: _____
 Name: _____ DOB: _____
 Name: _____ DOB: _____

Waiver:

In consideration of my membership in the Onondaga Cycling Club, Inc., I do hereby waive myself, my heirs, executors, administrator and assigns all rights and claims for damages I might have against the Onondaga Cycling Club, Inc., its officers or members and assigns for any and all injuries suffered by me while participating in any scheduled activity of the Onondaga Cycling Club, Inc. I will be completely responsible for any minor that I may bring to a scheduled activity. This waiver pertains equally to traveling to and from any scheduled activity.

Signed: _____ Date _____

Consent for Individual Youth member:

Signed: _____

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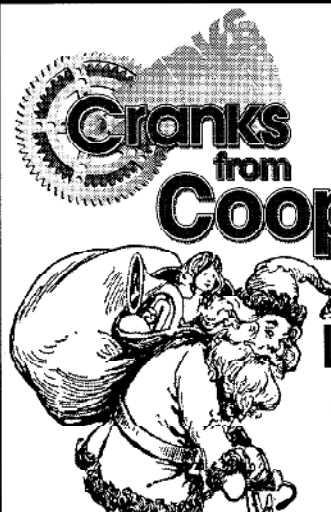
(An Autumn Ride...continued from page 1)
 was still pregnant by her former husband), when Emperor, Augustus became obsessed with purging Rome of adultery. Ovid became involved, and it is not clear if willingly or unwillingly, in a love affair that consumed Augustus' daughter (also exiled). For this reason and for his book *Ars Amatoria*, which is believed to be partially autobiographic, he was banned from Rome and confined to a town on the Black Sea. The dangers of power and sex, especially when they are exercised at the same time, recounts of adulterous affairs and prosecutorial zeal vested in moral tones seem to be recurrent themes in the most powerful capitals of the world, ancient as well as modern ones.

Our eleven riders had in mind plans of more restrained pleasures as they set off from Ovid, the modern capital of Finger Lakes wines. One rider, sadly, had mechanical troubles right off the start and decided to quit. The other ten went north from Ovid to the first stop, Knapp Vineyard, where, overlooking Cayuga Lake, they sampled wines. After a fast descent to the sinuous banks of Cayuga Lake, we headed on rolling Rt.89 to Hosmer Vineyard. Lunch was on our minds, but we couldn't pass up the opportunity to compare Hosmer's wines to Lucas', situated inland on a sloping hill and a few miles to the south.

The white wines, especially the pricey Chardonnays, aged in oak barrels, were excellent; the reds, not surprisingly, not quite so, although there were some, such a Knapp Bordeaux and a surprising Hosmer house red, that have to be mentioned. The Merlots, recently introduced and for which the FingerLakes wineries are receiving national attention, were not featured in the tasting tours, perhaps because they are in short supply. Our plan was to lunch at Wagner's, but it was already past 2 pm and it was decided to eat in a small diner in Interlaken. Hearty home-made soups, large sandwiches and generous slices of home-baked pies were quickly snapped up, while recounting experiences of eating the most memorable and exotic pies.

From Interlaken to Lodi we went on little traveled roads. It was the heart of the afternoon, when the autumn sun casts a magical light that

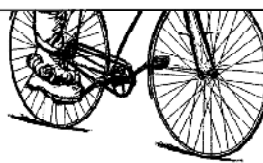
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brings out the electric blue of the deep lakes and, at the same time, picks up the warmth of the yellows and reds of the leaves still on the trees to cast a glow, as you were heading west, in front of you. But if you dared turn your head back, facing east, you would have found that the glow was gone, to be replaced by the harsh light reflecting from the whites of the corn stubs left in the fields and the brownish yellows of the leaves on the vines, a presage of the winter light soon to come.

Lamoreaux Wine Cellars on Seneca Lake was our next stop. We noticed how there were many more and louder people vineyard hopping and wine tasting than we encountered in the morning. Such was the volume of tipsy voices coming from all around you that you could hardly hear the names of the wines shouted by the waitress. A stop at Wagner's, just half a mile down from Lamoreaux's concluded our tour. It was five o'clock and, pushed by a south wind, we headed north for the last 7 miles with our speedometers pegged at 22 mph and our thoughts at the next year's Roads and Wine bike ride.

Call for Directors

OCC Board of Directors elections are approaching. Some officers and directors are retiring, and their positions need to be filled. The board is currently entertaining nominations (or even suggestions) for new blood to join the board for 1999. Please contact Nomination Committee member Bob Spear at 474-3801 before the December 7 deadline!

Win Stuff!

OCC is holding an ongoing raffle for a couple great prizes. A single dollar buys you a chance to win an autographed Lance Armstrong jersey or a Softride mountain bike donated by **Bicycle Alley** in Nottingham Plaza. Five dollars gets you six chances. The drawings are tentatively planned to be held during the club banquet in January. If you wish to buy tickets, send a check to the club PO box and we'll reserve tickets for you.

ADVOCACY NOTE

Chad Bradshaw

The citizen's bicycle/pedestrian advisory committee of the Syracuse Metropolitan Transportation Council is still seeking new members to fill a few vacancies. The committee hopes to launch new initiatives in the area of bicycle safety and improved infrastructure for bicycle commuting in addition to other projects (e.g., pedestrian safety, disability access, Erie Canal path completion). If any club members have interest in community bicycle issues and would like to act on it, please contact Chad Bradshaw at 446-0876 or Bradshac@vax.cs.hscsy.edu.

Time Trial Trivia

Bill Kocher

Here are some numbers for the 1998 Time Trials:

87 Individual Riders
8 Tandem Riders
407 Total Riders
13 Riders with P.R.s
0 Number of Accidents while Racing
57 Volunteers
11 Female Riders
76 Male Riders

Now, the only thing left for me to do is figure out who won the awards in their age group and notify them. The 1998 season is our second year in a row without any accidents (while time trialing) and let's hope that it continues into next year. Speaking of next year, I hope that the turkey hunters and ice fisherman make a better showing against the skiers and skaters than we did this year.

The RAW Report

Bob Spear

No Mudge here, just some reflections on the riding season just ended. Actually only the official, points-counting, mileage-toting riding season has ended. The club Rides All Winter.

Who are the winners of the green mileage jerseys in 1998? The woman's award may not be a surprise but there has been quite a shakeup in the men's standings. January's Annual Banquet (details elsewhere in this issue) will unveil the winners.

Saw my first cyclocross race a couple of weeks ago. The second annual Syracuse GP de Cyclocross, to be exact, was over Van Buren Park. Sunny, cool weather and hundreds of geese were in attendance but the CNY contingent of off-road riders was nowhere to be seen. OCC had some roadies in the field (and in the woods) doing their thing over hill, dale, and stream. There were plenty of mountain bikers racing but some Canadian guy, on a 'cross bike rode off and hid from the rest in the main event. An amazing display of athletic ability at this well-run event. Again, results on another page.

A remarkable summer of rides without rain has carried over through the fall. Only 10% of our rides, from the first day of summer to last event this fall have been damp. Believe it! In the autumn it's great to ease back in the saddle, rely on the year's training, and just enjoy the scenery and camaraderie. Strange how so many work so hard for so long to acquire bike fitness and then stop riding after Labor Day. Of course, this year's Labor Day storm certainly made for more yard clean-up. The park-to-park ride in the city illustrated just how much damage was done to the landscape by the darayco. The conspicuousness of the thousands of trees lost was still much in evidence.

There were a number of rides on this year's autumn schedule which were newly designed to chase down the changing leaves. However, the colors were strangely muted here in CNY. The best foliage rides turned out to be the Triple Lakes Tour (also voted poorest weather) and the Pie Ride around Owasco Lake. Speaking of pie, did you hear about the pedaler who declined pie at the pie-feeding stop? Something to the effect that he had eaten so much pie in the past month, all he wanted was a medium-rare hamburger. And proceeded to confuse our waitress by ordering just that! I just hope his pie supplier doesn't learn of this heresy. Close to forty leaf-watchers showed up for the Clark Hollow ride in gorgeous 75-degree weather. The fickle, so-called peak color had preceded us by five days but what a rollicking time the large group had rolling down the hollar.

Kudos to Jack Lancette for the session of Wednesday night rides. Numbers were up, both on the road and at the table, including a record bellying-up at the season-ending repast. The award for the best apple pie went to Norm's Diner in Interlaken where the Roads and Wine group stopped for some solid lunch. Lovely weather again accompanied our tour

Edward Luban

Attorney at Law

General civil practice, with an emphasis on education and immigration law

**317 Montgomery Street
Syracuse, New York 13202
(315) 472-1935**

amongst the golden grape leaves and frost-whitened fields of corn. Next year, RAW is planning a post-ride dinner at one of the winery restaurants and a 'bottle-wagon' to pick up our orders. What do you think? And, next year's riding season is just around a winery corner, before you can possibly be prepared. Only fifteen weeks and the 1999 ride schedule is released.

OCC Clothing For Sale

The OCC clothing inventory is buldging with some items that are now available at a reduced price. If you want to place an order for something in stock, contact Tim Bingham at 478-7750 or send the order with a check or money order to the OCC PO box. Include an additional \$5 for shipping if you need the clothing sent to you.

Size	Item	Qty	Price
XS	Pre-94 Shorts	2	\$20
S	97 Jersey short sleeve w/ sponsors	2	\$30
S	94-97 Jersey shrt slv w/o sponsors	3	\$30
M	94-97 Jersey shrt slv w/o sponsors	3	\$30
M	Pre-94 Jacket	5	\$25
M	Pre-94 Jersey shrt slv, no logos	1	\$15
M	98 Jersey short sleeve	1	\$50
L	98 Jersey short sleeve	1	\$50
L	94-96 Jersey shrt slv w/ sponsors	1	\$30
L	Tights plain black, no logos	1	\$15
XL	Pre-94 Shorts	2	\$20
XL	Pre-94 Jacket	1	\$25
XL	Pre-94 Jersey lng slv w/o sponsors	1	\$20
XXL	94-97 Jersey lng slv w/o sponsors	3	\$35

Adirondack X-Country Ski Weekend

February 5-7, 1999. \$175.00 per person. We will be staying in North Creek. Trip includes: Friday night dinner; 2 nights lodging (includes bed linens & towels); Sat. night gourmet smorgasbord; Sat/Sun. gourmet breakfasts; 3 days trail fees; all taxes and gratuities; complimentary beverages and snacks; free workshops; free bus shuttle service - "Ski down - ride back". Contact Dawn Bennett at 437-7464.

Adirondack Ski Weekend

March 5-7, 1999. \$99.00 per person. We will be staying in Keene Valley. Trip includes: 2 nights lodging; 2 breakfasts; 2 trail lunches; Saturday dinner; complimentary beverages and snacks; ski maps and area info. Located 20 minutes from Lake Placid. Downhill ski Whiteface; x-country ski the Garden, Jack Rabbit Trail, Mt. Van Hoevenberg, Cascade. Ice skate on Olympic rinks. I have rooms for couples, singles and family rooms. Contact Dawn Bennett at 437-7464.

Syracuse Gran Prix Cyclocross

Top Finishers and OCC Members

Pro/1/2: 1 Paul Spadaccini, 2 Ray Duggan, 3 Chris Tirone, 4 Jorge Cordons, 5 John Roder

Women: 1 Pam Pasciak, 2 Margaret Thompson

Cat 3/4: 1 Mike McKnight, 2 Chad Butts, 3 Dan Timmerman, 4 Todd Turner, 5 Sean Weaver, **7 Dave Faso, 10 Dan Ogut, 11 Bill Krichbaum, 13 Jeff Koontz, 14 Jude Burke**

Masters 35-44: 1 Colin Campbell, 2 Dan Fish, **3 Paul Ashbarry**, 4 Rob Stowe, 5 Mark Herman

Masters 45+: 1 David Burnside, 2 Timothy Leonard, 3 Ed Luban, 4 Keith Gregory, 5 Philip Thompson

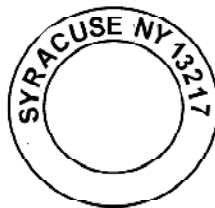
Junior Men/Women: 1 Ian Byrd, 2 Joe Companie

Beginner: 1 Robert Klinshaw, **2 Greg Low, 3 Pat McHale**, 4 Ed Payette, 5 Gregory Baum, **6 Kate Stewart**

Special Thanks to the Cyclocross Sponsors:

Dirt Rag magazine; Ed Luban, Attorney at Law; Smith sunglasses; Z'lektra Sport energy drinks; Jude Burke, DDS; Bike Loft; The Bikery; Advance Cyclery; Open Road Sports; Bicycle Alley; The Pen and Trophy Center; Wayne's and Meltzer's Bike Superstore; Greater Baldwinsville Ambulance Corps. **Many thanks also to the volunteers!**

ONONDAGA CYCLING CLUB, INC.
P. O. BOX 6307 TEALL STATION
SYRACUSE, NY 13217-6307



RETURN SERVICE REQUESTED

Upcoming Events

Items in italics are not confirmed.

The next BOD meeting is December 7 at 7:00pm at Bill Johnson's house. Any member wishing to attend is invited. Call Bill at 422-7570 for more information.

November 29

NY District Cyclocross Final
716.655.3545

January 30, 1999

Annual OCC Banquet

Glen Loch Inn, Jamesville, NY

\$25 per person. Make your reservations now by sending a check to the OCC PO Box address.

Classified Ads

For Sale: 18" GT Zaskar w/Shimano XTR/XT, Judy Shock w/White Brothers Spring Kit, Professionally maintained, Rapid fire shifters. Asking \$750. Also, 17.5 in. Scott Boulder Mtb. This bike is

only 8 months old. It has Shimano LX components, Rapid-fire shifters, Avid "V" style brakes, Mavic rims, and many more quality components. The bike has been ridden very easy and is in showroom condition. We hate to get rid of it but, it is slightly too big. Paid \$800. Asking \$500! Will sell both bikes above for \$1100. Magura hydraulic brakes ready to go only \$50. Call Anne and Scott Wright @ 698-9502.

For Sale: Cannondale Tandem 21 x 19 frame, 700 c wheels, Sun Tour components, rear drum brake, showroom condition, b.o. Call Rick @ 446-5729

For Sale: Cannondale 2.8 60cm w/ Ultegra STI. \$650 o.b.o. Call 564-7701 after 5pm

For Sale: Cannondale ST600 2S, 25" frame. Excellent Condition. \$400. Trek 420, 22" frame. Excellent Condition. \$300. Offers will be considered. Mary or Tom at 683-9443.

For Sale: Miscellaneous Yakima rack

parts. 4 towers for cars with raingutters, short wheel trays and fork mounts, 48" crossbars, assorted "snaparounds" and hardware. Everything is old but usable. Call Eddie at 449-1722 (h), 472-1935 (w) or email, eluba@dreamscape.com.

Advertisement Rates

Classified Ads: OCC Members can submit classified ads free of charge. Non-members can submit classified ads for \$5 for the first 30 words and \$5 for each additional 10 words. These fees can be applied towards the cost of full OCC membership in the same year.

Commercial Ads: Rates for one-issue camera-ready ads follow:

Full Page.....	\$68
Half Page.....	\$36
Quarter Page.....	\$19
Business Card.....	\$10
Calendar Entry (25 words).....	\$2

Discounts are available for larger ads and multiple issue ads. Please contact the editor for more information.