

# THE SPOKE 'n WORD

Volume 25, No 1

January 2005

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*This year we're partnering with Saturn to help the children in foster care at the Hillside Children's Center. We'll bring a donation to the banquet...check with the listserv and Web page after Christmas for specific items that are needed. Questions to Chuck Dominick.*

OCC: The Onondaga Cycling Club, is a Central New York non-profit organization which facilitates participation in the sport of bicycling. The club schedules and conducts bicycle rides, tours and sporting events from March through November. Meetings and social occasions are held throughout the year.

### **Club Officers**

President.....	Jim Price
Vice-President.....	Jochen Woicke
Secretary.....	Kelly Wheeler
Treasurer.....	Deb Leal

### **Board of Directors**

Advocacy/Merchandise...	Zeke Ronnow
Cartographer/ Racing....	Bill Stiteler
Fall Century/Equipment..	Jack Lancette
July Century/Vacation....	Bob Spear
Long Distance/Insurance..	Jennifer Barber
Membership.....	Bob Ruth
Newsletter Editor.....	Deb Virgo
Social/Mailing.....	Carolyn Sterritt
Ride Schedule.....	Bill Goffe
Ride Schedule.....	Gian Vidali
Time Trials.....	Mary Thomas-Madonna
Web Developer .....	Marcello Prattico

### **Other Positions**

John Baker.....	Earth Day Cleanup
Chad Bradshaw.....	Picnic
Jeremy Burton .....	Cyclocross
Chuck Dominick .....	Criterium Director
Jim Price.....	Points/Miles

### **OCC on the Internet**

Our Web site can be found at <http://www.onondagacyclingclub.org>. The OCC email discussion list (listserv) can be subscribed to from our Web site.

The Spoke 'n Word newsletter is distributed free of charge to all OCC members. It is an open forum and members are invited to submit items. The newsletter is published monthly March-December. Submissions will be due the 2nd Saturday of the month and can be emailed to [dvirgo@twcny.rr.com](mailto:dvirgo@twcny.rr.com) or mailed to Deb Virgo. Contact me at 446-0266 with questions.

**You are cordially invited to the  
OCC Annual Banquet**

**When: 22 January 2005 at 6:00 pm**

**Where: Traditions at the Links  
5900 N. Burdick St, East Syracuse**

**They promised to turn the heat on in the bathrooms  
so we're returning to the Links this year. The food  
will be as good as last year, as will the company.**

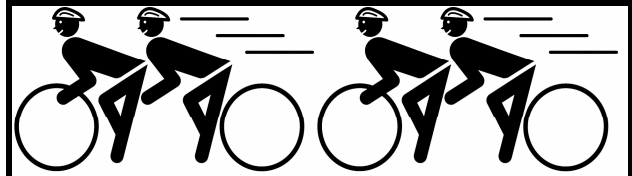
The affair starts at 6:00 with a cash bar and Hor d'Oeu-  
vres. We are having Fresh Leaf Spinach Salad and din-  
ner rolls. The Carving Station is Roast Beef and Turkey.  
Pasta dishes include Penne with Broccoli and Sundried  
Tomatoes in a Pink Vodka Sauce, also Farfalle Prima  
Vera - bow tie pasta with fresh garden vegetables. The  
chicken dish is Chicken Marsalla. Rice Pilaf and Sautéed  
Garden Vegetables. Dessert is Chocolate Outrage and  
coffee and tea are served.

**RSVP with Payment of \$25 per person (\$24.99 for  
Bobbie Spear) by January 8, 2005.**

**Please make checks payable to:**

**Onondaga Cycling Club, Inc.  
P.O. Box 6307, Teall Station  
Syracuse, New York 13217**

**(and don't forget to include your ballot AND re-  
newal form!!**



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**...and a couple of fun Web pages...**

***http://www.snowbike.ch/***

***http://jschumacher.typepad.com/photos/  
abandoned\_bikes/index.html***

***http://www.skibikefun.com/***

We would like to thank our sponsor Saturn and ask you to give them your support...

