

THE SPOKE 'n WORD

Volume 25, No 4

May 2005

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And welcome to the following new members:

Dave Bilecki
Kathy Carroll
Larry Evans
Aaron Johnson
Gary Klatsky
Robert Milne
Bryan Morgan
Bob Panuto
John Sonne



OCC: The Onondaga Cycling Club, is a Central New York non-profit organization which facilitates participation in the sport of bicycling. The club schedules and conducts bicycle rides, tours and sporting events from March through November. Meetings and social occasions are held throughout the year.

Club Officers

President..... Jochen Woicke
Vice-President/Ride Schedule.. Bill Goffe
Secretary..... Kelly Wheeler
Treasurer..... Deb Leal

Board of Directors

Advocacy/Ride Schedule.. Gianfranco Vidali
Fall Century..... Mike Mansfield
Membership/Insurance... Bob Ruth
Merchandise..... Claire Reichl
Newsletter Editor..... Deb Virgo
Points/Miles..... Jim Price
Social/Mailing..... Carolyn Sterritt
Time Trials..... Eric Flanders
Racing/USCF Liaison.... Chuck Dominick
Web Developer Marcello Pratico
At Large..... Jaqueline Martello
At Large..... Bob Spear

Other Positions

Picnic..... Chad Bradshaw
Cyclocross..... Jeremy Burton
Long Distance/July Century... Jennifer Barber
Cartographer/ July Century..... Bill Stiteler
Vacation Ride..... Joan Yungwirth
Equipment..... Jack Lancette
E-Map Designer..... Jeff Palmer
Listserv Administrator Tim Bingham

OCC on the Internet... Our Web site can be found at <http://onondagacyclingclub.org>. The OCC email discussion list (listserv) can be subscribed to from our Web site.

The Spoke 'n Word newsletter is distributed free of charge to all OCC members. It is an open forum and members are invited to submit items. The newsletter is published monthly March-December. Submissions will be due the 2nd Saturday of the month and can be emailed to dvirgo@twcny.rr.com or mailed to Deb Virgo. Contact me at 446-0266 with questions.

IS THIS YOUR LAST SPOKE-N WORD?

For those who receive The Spoke-n Word via postal mail, the mailing label on this issue will tell you if your membership is current or not. An S2004, F2004, Y2004, or C2004 in the upper right corner of the mailing label indicates your 2004 dues were paid but NOT for year 2005 (BAD). Anything with a 2005 or greater indicates your dues are current (GOOD) and you are all set till the next renewal in early 2006. For those who read The Spoke-n Word via the web, your membership is not current if you have not yet received the Ride Schedule for 2005. Same rules apply as discussed above. Remember, memberships must be current to receive the Ride Schedule and the Spoke-n Word.

RIDE SCHEDULES AND MEMBERSHIP CARDS

The Ride Schedules were mailed to current (2005) members in March 2005. If your dues are current, you should have received it by now. Membership cards were enclosed with the ride schedule.

PROBLEMS?

If you have paid year 2005 dues and the mailing label on this issue of the Spoke-n Word indicates 2004, if you have not paid year 2005 dues and have lost the renewal form, if you did not receive the Ride Schedule (and were supposed to), if your address is incorrect or your name is spelled wrong, etc. please contact **Bob Ruth**, membership chair at (315) 451-0685 or email at ruthrob@twcnj.rr.com.

Mark your calendars! Lots of history and beautiful scenery! It's never too early to plan your summer vacation! Enjoy great riding...friends...fun. Travel, sightsee, shop! Guaranteed adventure! This year's format is different from past years.

OCC Summer Vacation Ride: August 7-13, 2005

Two sites: Frederick County, MD (3 nights...August 7-9) www.fredericktourism.org and Lancaster County, PA (3 nights...August 10-12) www.padutchcountry.com

Game plan: Drive (optional: carpool) to MD, "bunk and ride/tour" from Mount St. Mary's College/University campus dormitory in Emmitsburg, MD; then mid-week drive to PA and "bunk and ride/tour" from the Quality Inn & Suites in Lancaster, PA. Yes...good news! The dorms are air-conditioned!

Daily routes: We will be using the local bike clubs' cue sheets!

Let me know if you are interested. Several people have already contacted me and are "officially" signed up. Joan Yungwirth
jmyung@twcnj.rr.com or 315.451.1616

<http://www.nybc.net/> is the Website of the New York Bicycling Coalition. Check it out.

We would like to thank our sponsor Saturn and ask you to give them your support...



Attention Ride Leaders!

If you prefer to pick up the Ride Leader Package (maps, sign-in sheets, envelope, and insurance forms) in person, instead of downloading it from the OCC web site, please contact Jochen Woicke by e-mail (woicke@mac.com) or phone (315-682-7841), to schedule the pick up at my house. If you could let me know well in advance, I'd greatly appreciate it.

Thank you.

Jochen

Come help with Bikes 4 Peace!

The Syracuse Peace Council has been organizing free bike fix-it clinics for city youth the past 2 summers. Last year we got a grant from the Gifford Foundation and actually bought some equipment and supplies (instead of relying on the good will and resourcefulness of all our volunteers!). We did 6 clinics (4:30 or 5-7:30 second and fourth Tuesdays June-Aug), 3 at Northeast Community Center and 3 at Westcott community Center. We worked with probably 50-60 kids over the course of the summer. As each new person arrived with a bike, we signed them up on a list with their name, type/color of bike, and repairs that were needed. We then matched up each youth with a volunteer. Many needed the same or similar repairs, so we often worked in small groups rather than one-on-one. Most of the youth have spent time working on their bikes on their own—but often without the necessary tools and repair supplies - so they were able to pick up the skills quickly. When they became frustrated or discouraged, we offered encouragement and recruited others to help brainstorm solutions.

We would like to add new sites on the South and West sides of the city, but are limited now by the number of skilled volunteers we have. We're exploring making this a long-term project and welcome anyone interested in working with us or providing donations of tools and supplies. Thanks for any help! We hope to have a brief orientation for new volunteers in May. We need people w/bike skills, but also people who like to work w/kids and have a lot of patience.

Jessica Maxwell
Syracuse Peace Council
315-472-5478
mailto: jessica@peacecouncil.net

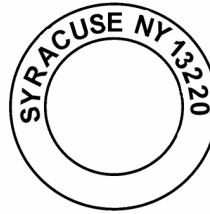
up to date info on this year's Syracuse Race Weekend

Maybe we should think of a catchier name for the race so if you have any suggestions let us know about them. We will be doing the same three events this year and if you are interested in the up to the minute details why not go to the club website and check out the new race flyer that **Matt Howey** did. It looks cool and it's in color. Hopefully you will care enough to volunteer and you may want to download a copy of the race bible which is also on the website. Thanks to **Christy Saint** for making that a really easy task and posting it promptly. If you are interested in volunteering as a driver get a hold of **Steve Ransford**. He did a great job coordinating last year and he is doing it again this year .I drove a follow vehicle and it is very interesting to see things develop in the race. **President Jochen** is the person to see if you are helping out with other jobs unrelated to registration or kids race. Registration will be handled by **Erik Wennberg** and **Pat Reid** and **Doug Taylor** will be doing the kids race. If you wish to race we can comp you the fee if you put in a worthy effort as a volunteer. We are all set with Song Mtn, Prebble and Otisco VFD, the city of Syracuse, parks and rec, Hanover Square Association. We haven't done a few of the details but we should be on time with everything so please support the race. One thing we don't have is all of the officials we need. If you have a current license or had one in the past you can renew online with USACY-CLING.org and we will pick up the fee. We can't have too many officials so please don't be shy about helping out. As always the Race is a major undertaking and without the help of our sponsor Saturn of Syracuse and Rt. 31 we wouldn't be able to have the event .So when you see them say thanks and buy a car from them. But after all is said and done it's the club that makes it all go, so you can pat yourself on the back for making the OCC what it is.

chuck d

Looking for a 2005 mileage log? A huge list can be found at:
<http://www.suburbancyclists.org/links.htm#logs>

ONONDAGA CYCLING CLUB, INC.
P. O. BOX 6307 TEALL STATION
SYRACUSE, NY 13217-6307



RETURN SERVICE REQUESTED

Classified:

1999 Fuji Saratoga. The bike is in excellent shape having been professionally maintained from the get go. Asking \$300.00 or best offer. Call Amy Hueber at 452-8418, e-mail hueber@syrres.com

Next BOD Meeting

The next Board of Directors meeting will be held on **Sunday May 31st at 6 PM** at Jochen Woicke's house. Any member is welcome to attend. Call or email Jochen for information.

Classified Ads: OCC members...free! Non-members \$5 for first 30 words and \$5 for each additional 10 words. These fees can be applied towards the cost of full OCC membership in the same year.

Commercial Ads: Rates for one-issue camera ready or digital format ads follows:
Full Page..... \$68
Half Page..... \$36
Quarter Page..... \$19
Business Card..... \$10
Discounts available for larger ads and multiple issue ads. Please contact the editor for more information.

How to Read the Spoke n' Word Online...

at our Web site <http://onondagacyclingclub.org/>.
A note is sent to the club listserv (sign up through the Web site) when the newsletter is ready. If you are still receiving a paper copy and wish to discontinue you can send email to Bob Ruth at ruthrob@twcny.rr.com