



Join us for the

2008 Bill Johnson Memorial Fall Century

our annual charity ride which will benefit the Bill Johnson Memorial Fund at SUNY College of ESF. Bill served in many club positions including president before his death in 1999. He was an inspiration to all.

- The Ride: A panoramic ride encircling all of Onondaga County with options of 68 and 108 miles; rolling terrain with hilly sections to the south, southeast, and west; flat to rolling along the north.
- When: Saturday, September 13, 2008; the century ride starts at 9:00 and the metric century option (68 miles) starts at 10:00. The park opens at 7:00 AM and closes at dusk (approximately 7 PM).
- Picnic: A post-ride picnic will be held for all riders.
- Cost: \$35.00 (\$10 discount prior to September 1st). This covers two water/food stops, post-ride picnic, a souvenir gift (to the first 60 registrants) and a donation to the memorial fund.
- Register: Please fill out below and, with a check payable to the Onondaga Cycling Club, mail to: Onondaga Cycling Club, P.O. Box 6307 Teall Station, Syracuse NY 13217
- Start: Marcellus Park, Stone Mill Pavilion, along the east shore of Nine Mile Creek. Marcellus Park is located south of the village of Marcellus, off of NY 175, to the west, on Platt Road. The Stone Mill Pavilion is straight back from the Park entrance, 0.2 miles, parking lot on the left, and down the stairs. You can get there from NY 173 (Seneca Turnpike) to NY 175 West from the south of Syracuse; or U.S. Route 20 to NY 174 North; or NY 174 South from Camillus into the village of Marcellus.

Registration and Waiver of Liability

IN CONSIDERATION of being permitted to participate in any way in the Bill Johnson Fall Century, on September 13, 2008, a Bicycling Activity ("Activity") sponsored by Onondaga Cycling Club, Inc. (Club.), I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if, at any time, I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.
2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("Risks"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.
3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Club and the LAB, their respective administrators, directors, ride leaders, volunteers, agents, officers, members, and employees, other participants, any sponsors, advertisers, and if applicable, owners and leasers of premises on which the Activity takes place (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation, expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Participant 1 (Name) _____ Signature _____ Date _____

Participant 2 (Name) _____ Signature _____ Date _____

The 2008 Bill Johnson Memorial Fall Century Ride is only one month away!

This year's route will be slight modification of the Around Onondaga County Century, BeLk-6 map, except that you will be starting from Platt Road, Marcellus County Park. There are other modifications to the east and north to stay off of the busiest roadways and intersections as much as possible and, most notably, ONE LESS HILL! Yes, we will avoid Slate Hill to begin with and head south on South Street and NY Route 174 to provide everyone with a nice warm up before climbing Oak Hill to NY Route 80.

It is a scenic ride with rolling hills mostly to the south, southeast, and southwest; with some big hills; becoming relatively flat to the east and north around Oneida Lake. There will be two water/food stops en route; one in Delphi Falls (near the 33 mile mark), just prior to the Metric Century turnoff, and another in the vicinity of Mud Mill Road, approximately two thirds of the way into the full century ride. There are a few stores and local parks along the way for water, food, and bathrooms along the way. A complete map and cue sheet will be provided the day of the event once you have officially signed-in and paid your registration fee. The full details should be available at the Club website (<http://onondagacyclingclub.org>) soon, at least two weeks in advance of the ride. The metric option will best resemble a figure 8 route, staying to the southern part of the county, and will be mostly rolling to hilly. The metric course will not take you through Syracuse, the Onondaga Indian reservation, or any of the busy southern suburbs. This doesn't leave many options, so expect some hills on the return route.

Registration: Fill out the form on the adjacent page and mail it in with your check made payable to the Onondaga Cycling Club, mail to: Onondaga Cycling Club, P.O. Box 6307 Teall Station, Syracuse NY 13217. The registration fee is \$25 dollars until September 1st and \$35 thereafter, including the day of the ride. The form should be available at the Club website but electronic registration and payment is not available at this time. An announcement will be posted on the club list-serve if and when electronic registration for the Fall 2008 Century ride is available.

What do we need?

Good weather! I choose this ride because the first time we rode this route, it was a cloudy, windy day with 50 miles of headwinds to finish the ride. It could be a fantastic ride if the weather is calm and the skies are clear.

Volunteers! Help is needed the day of the event to assist with morning registration, the one-third and two-thirds water/food stops, and last but not least, the afternoon cookout and picnic. The Onondaga Cycling Club will provide water, energy drinks, bananas, cookies, and energy snacks at the official rest stops. Homemade snacks are welcome for the water/food stops and picnic thereafter if you wish to share one of your favorite recipes for the cause. **Volunteers are definitely needed** to help with the morning registration and the two official rest stops during the ride since they are located at different sites and must be occupied for a few hours each. A cook or two and helpers for the after-ride picnic would be a great help as well. After all, who wants to cook their own meal after finishing a century ride?

I will mark the route the week before the event since I know the course, but any assistance would be appreciated. Are there any graffiti artists among us? Please contact me, Rich Veenstra, by e-mail at rveenst1@twcnny.rr.com (preferably) or by phone (315-491-3187) to volunteer for any of these important activities. You could also share your willingness to help with any of the Onondaga Cycling Club Board members you may happen to see on a club ride between now as your information will likely be relayed to me. You can post your response to the club list-serve (occ@lists.onondagacyclingclub.org) for all to see if you wish.

Plenty of good bicyclists! It is always more fun when you are riding with other capable bicyclists. So show up with your friends and join us for scenic ride around the countryside of Onondaga County!

And

A Safe and Enjoyable Ride!